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## HALAL & HARAM

Taken from halal  
hmc

**HALAL:** This is an Arabic term which means permissible or lawful in Islam. In reference to food, it is the Islamic dietary standard, as prescribed in the Shari'ah (Islamic Law).

**HARAM:** This is another Arabic term which means impermissible or unlawful in Islam.

### **Why is it so important for a Muslim to strictly consume Halal?**

Consuming Halal is an order of Allah and an essential part of the Islamic faith. Allah has repeatedly emphasised the consumption of Halal in His book. The following are two examples of such verses:

**“O you who have believed, eat from the pure things which we have provided you” (Holy Quran 2:172)**

**“O mankind, eat from whatever is on earth (that is) lawful and pure” (Holy Quran 2:168)**

By being careless about the dietary laws of Islam a believer puts himself in harm's way both in this world and the world hereafter. In this world, due to in taking such a product he deprives himself from having any of his good deeds and duas accepted by his creator while in the hereafter he suffers the greatest loss ever imaginable i.e. refusal from being admitted to Paradise. All this is confirmed in the following traditions:

**Abu Hurairah RA related, “Allah’s Messenger PBUH said: Verily Allah is pure and He accepts only what is pure and indeed Allah has given those orders to the believers, which he has given to the Messengers. He has said, “O Messenger, eat from the pure foods and work righteous”. He also has said: “O you who have believed, eat from the pure things which we have provided you.” Then (the Prophet PBUH) made mention of a man who undergoes a lengthy journey in a state that he is dishevelled and dusty. He spreads his hands towards the sky (calling),**

**“O my lord, O my lord”, however his food is Haram, his drink is Haram, his clothes are Haram and he has been nourished with Haram! So how will his call be answered?” (Muslim)**

**S’ad RA relates: Allah’s messenger PBUH said “O S’ad purify your food (and as a result) you will become one whose supplications are accepted. I swear by He in whose hands the soul of Muhammad PBUH lies, verily a servant (of Allah) tosses a Haram morsel in his stomach (due to which) no deed is accepted from him for 40 days” (Tabarani)**

Abu Hurayrah (RA) reports that the Prophet of Allah (PBUH) said, “a time will come upon the people wherein a man will not bother what he intakes; whether from Halal source or Haram.” (Bukhari)

***In our times, it becomes even more important to ensure the meat and poultry consumed is genuinely Halal due to the excessive deceit, cheat and false labelling of Halal in the industry.***

Rasulullah (s.a.w) said: “Halal is clear and the Haram (unlawful) is clear. Between the two there are doubtful matters concerning which people do not know. One who avoids them in order to safeguard his deen (religion) and his honour are safe, while if someone indulges in it, he may be indulging in the unlawful.....” (Bukhari)

General Qur’anic guidance dictates that all foods are Halal except those that are specifically mentioned as Haram (unlawful or prohibited). The Glorious Qur’an reads:

***“O ye who believes! Eat of the good things wherewith we have provided you, and render thanks to Allah, if it is He whom ye worship. (chapter II, Verse 172)”***

The unlawful foods are specifically mentioned in the Glorious Qur’an, in the following verses:

***“He hath forbidden you only carrion, and blood, and swine flesh, and that on which hath been invoked any other name besides Allah’s.....” (Chapter II, Verse 173)***

**“Forbidden unto you (for food) are: carrion and blood and swine flesh, and that on which hath been invoked the name other than Allah, and the strangled, and the dead through beating, and the dead through falling from a height, and that which hath been gored to death, and the devoured of wild beasts, saving that which ye make lawful (by slaughter) and that which hath been immolated to idols and that ye swear by the divining arrows. This is an abomination....” (Chapter V, Verse 3)**

Consumption of alcohol and other intoxicants is prohibited according to the following guidance:

“O ye who believe! Intoxicants and games of chance, and idols and divining arrows are an abomination of Satan’s handiwork. Leave it aside in order that ye may succeed.” (Chapter V, Verse 9)

Meat is the most strictly regulated of the food groups. Not only are blood, pork, and the meat of dead animals or those immolated to other than Allah strongly prohibited, it is also required that the Halal animals be slaughtered while pronouncing the name of Allah at the time of slaughter.

“Eat of that over which the name of Allah hath been mentioned, if ye are believers in his revelations”

(Chapter VI, Verse 118)

“And eat not of that whereon Allah’s name hath not been mentioned, for lo! It is abomination. Lo! The devils do inspire their friends to contend with you. But if ye obey them, ye will be in truth idolaters”. (Chapter VI, Verse 121)

Attempts have been made to explain or justify some of the prohibitions based on scientific reasoning as follows:

- Carrion and dead animals are unfit for human consumption because the decaying process leads to the formation of chemicals which are harmful to humans
- Blood that is drained from the body contains harmful bacteria, products of metabolism, and toxins
- Swine serves as a vector for pathogenic worms to enter the human body. Infections by *Trichinella spiralis* and *taenia solium* are not uncommon. Fatty acids, composition of pork fat have been mentioned as incompatible with human fat and biochemical systems
- Intoxicants are considered harmful for the nervous system, affecting the census and human judgement leading to social and family problems and in many cases even death.
- Although these explanations are sound, the underlying principle behind the prohibitions remains the above mentioned Divine orders.

Accordingly, Muslims permit all foods, pure and clean for consumption. Islamic Jurisprudence has derived certain principles from the Ahadeeth to determine whether a particular animal or bird is lawful or unlawful.

## ***Halal Animals***

The following animals are fit for Muslim consumption:

- All domestic birds
- All cattle
- Sheep
- Goats
- Camels
- All types of buck
- Rabbits
- Fish
- Locusts

The aforementioned animals excluding fish and locusts will only be considered Halal when they are slaughtered according to the following guidelines:

The slaughter man must be a Muslim

Prior to slaughter, the slaughter man must invoke the name of Allah upon the animal to be slaughtered by reciting “***Bismillahi Allahu Akbar***” or at the very least recite “***Bismillah***”

He must immediately slaughter the animal after the recital without any significant delay

His knife must be extremely sharp in order that the slaughter may be conducted efficiently and easily and the animal suffers minimal agony

He must sever the following arteries:

Trachea (windpipe), Oesophagus (gullet), both Jugular Veins

If it is not possible for the slaughter man to cut all four arteries due to whatever reason then he must sever at least three in order to render the meat Halal.

He must conduct the slaughter manually (i.e. by hand) and swiftly. The knife must not be lifted before the cut is complete and the cut must be below the Adam’s apple

## ***Haram Animals***

The consumption of the following animals is against the dietary laws of Islam. Likewise any ingredient or product derived from them or contaminated with them is also prohibited for a Muslim to consume:

- Meat of swine (pig) including all it’s by products

- Meat of an animal that was not blessed with the name of Allah at the time of slaughter
- Meat of dead animals (carrion)
- Meat of animals that were strangled to death
- Meat of animals that were beaten to death
- Meat of animals that died due to falling from a height
- Meat of animals that were gored to death by a horn
- Meat of animals that were devoured by wild beasts
- Animals killed in a manner which prevents their blood from being fully drained from their bodies;
- Carnivorous animals with fangs, e.g. lions, dogs, wolves, tigers, etc....
- Birds of prey e.g. falcons, eagles, owls, vultures, etc.
- Reptiles, snakes, crocodiles
- Mules and Asses
- Pests' e.g. rats and scorpions
- Insects excluding locusts

### ***Unlawful Organs of Animals Slaughtered as Halal***

- Flowing Blood
- Male reproductive organ
- Testicles
- Female reproductive organ
- Pancreas
- Gall bladder
- Bladder

### **QUOTE OF THE MONTH**

When your earning comes from Halal source, even a minimum wage will be sufficient to live a good life, but when your money comes from Haram source, it will always feel as if it is never enough, even if you are making millions.

## **MADRASAH NOTICES FOR PARENT**

- ☑ Whole madrasah attendance for this half term was **95%**.
- ☑ Attendance of the half term goes to **Class 4** with **97%**.
- ☑ **55** children have had full **100%** attendance.
- ☑ We thank all the parents who attended the parents evening.  
**75%** of children's parents attended the parents evening.
- ☑ Please ensure children are picked up on time and do not arrive to the Madrasah before 4:50pm.
- ☑ **Planner competition** – to design front cover for year 19/20 planners. **Deadline 23<sup>rd</sup> May**

## **HALF TERM EXAM POSITIONS FEB 2019**

	1 <sup>st</sup>	2 <sup>nd</sup>
<b>Class 1</b>	Abdullah Sidat M. Hamza Sidat	----
<b>Class 2</b>	Hamza Shervani	Ayaan Mamaniat
<b>Class 3</b>	Zahra Seedat	Hamza Salu
<b>Class 4</b>	Zaynab Sidat	Hasan Sidat Amina Salloo
<b>Class 5G</b>	Anas Khilghi	Usman Badat
<b>Class 5B</b>	Maryam Karolia	Zaara Mahmood
<b>Class 6A</b>	Raahil Mulla	Huzaifah Mulla
<b>Class 6B</b>	Zaid Patel	Armaan Lohn
<b>Class 7</b>	Sadiyah Mahetar	<b><u>Sumayyah Mayet</u></b>
<b>Class 8</b>	Unais Laher	Ibrahim Chopdat
<b>Class A1</b>	Mohammed Mayet Muawiyah Mamaniat	----
<b>Hifz Class</b>	Talha Diwan	Adam Chopdat